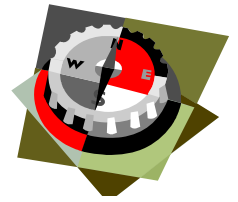




THE DPN ADVANTAGE



A Monthly Newsletter from the Disability Program Navigator

Vol. 1, Issue 2

February 2005

Up and Coming

Workshop Reminder

“ABC’s of Employment for Individuals with Disabilities”

March 10, 2005 Williams Ca.
March 16, 2005 Marysville Ca.
March 17, 2005 Williams Ca.

* **Workshop hours will be from 10:00 AM – 3:00 PM**

Lunch Provided
12:00 pm – 1: 00 pm

To **RSVP**

Please Contact the “DPN”
Disability Program Navigator
Toni Costales-Servin
(530) 822-5120 X 3052
tcostales-servin@ncen.org

Headliner

About Mental Illness

At the heart of NAMI's mission is the sharing of information with consumers (i.e., persons with mental illnesses), their families, friends, mental health professionals, and the general public. NAMI educates all people about severe and persistent mental illnesses to eliminate stigma and promote access to integrated systems of care, education, and rehabilitation. Research is constantly providing us with new information about the brain and the nature of mental illnesses and, consequently, more effective treatments. The information below comes from mental healthcare providers, advocates, and researchers.

[Attention-Deficit/Hyperactivity Disorder](#)

[Bipolar Disorder](#)

[Borderline Personality Disorder](#)

[Dual Diagnosis and Integrated Treatment of Mental Illness and Substance Abuse Disorder](#)

[Major Depression](#)

[Obsessive Compulsive Disorder](#)

[Panic Disorder](#)

[Post-Traumatic Stress Disorder](#)

[Schizophrenia](#)

[Seasonal Affective Disorder](#)

[Sleep Disorders](#)

[Suicide](#)

[Tourette's syndrome](#)

Ask The Experts



QUESTION:
What is “NAMI”?

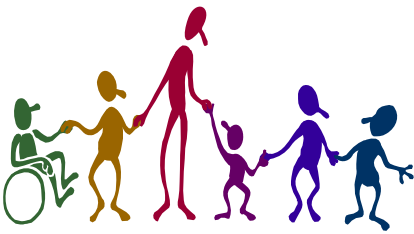
ANSWER:

NAMI California is a grass roots organization of families and individuals whose lives have been affected by serious mental illness. They advocate for lives of quality and respect, without discrimination and stigma, for all their constituents. They provide leadership in advocacy, legislation, policy development, education and support throughout California.



Have a VOICE!

"The most important thing about goals is having one."



Do you have a cartoon, a motivational thought or saying? Please share your encouragement and we will try to put it in the next issue. Send to the below contact.

Got Internet?

This area will list Internet sites that will better equip you in assisting a person with a disability.

* **NAMI** (National Alliance for the Mentally Ill)

www.nami.org

Information Hotline:

(800) 950-NAMI

Main Contact Information:

Main: (703) 524-7600

Fax: (703) 524-9094

TDD: (703) 516-7227

* **NIMH** (National Institute of Mental Health)

www.nimh.nih.gov

CONTACT: Toni Costales-Servin (530) 822-5120 x 3052 Email: tcostales-servin@ncen.org